

March Calendar and Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">2</p> <p>8:30-9:15 Group Fit 2 <i>Heather</i> - GYM 9:30-10:30 T'ai Chi Chih <i>Adabelle</i> - CR 10:45-11:45 Chair Yoga <i>Nicole</i> - CR(\$2)</p>	<p style="text-align: right;">3</p> <p>9:00-12:00 Quilting - CR 10:00-12:00 Knitting - CR 10:30-11:00 Group Fit 1 <i>Heather</i> - GYM</p>	<p style="text-align: right;">4</p> <p>8:30-9:15 Group Fit 3 <i>Aaron</i> - GYM 9:30-10:30 Stability Ball <i>Heather</i> - CR 10:45-11:45 Floor Yoga <i>Nicole</i> - CR(\$2) 1:00-4:00 Miriam Foundation Tea</p>	<p style="text-align: right;">5</p> <p>10:30-11:00 Group Fit 1 <i>Aaron</i> - GYM</p>	<p style="text-align: right;">6</p> <p>8:30-9:15 Group Fit 2 <i>Aaron</i> - GYM 9:30-11:30 Arts & Crafts Group - CR</p>
<p style="text-align: right;">9</p> <p>8:30-9:15 Group Fit 2 <i>Heather</i> - GYM 9:30-10:30 T'ai Chi Chih <i>Adabelle</i> - CR 10:45-11:45 Chair Yoga <i>Nicole</i> - CR(\$2) 1:00-2:00 Digital Drop-In - CR</p>	<p style="text-align: right;">10</p> <p>9:00-12:00 Quilting - CR 10:30-11:00 Group Fit 1 <i>Heather</i> - GYM</p>	<p style="text-align: right;">11</p> <p>8:30-9:15 Group Fit 3 <i>Aaron</i> - GYM 9:30-10:30 Stability Ball <i>Heather</i> - CR 10:45-11:45 Floor Yoga <i>Nicole</i> - CR(\$2)</p>	<p style="text-align: right;">12</p> <p>9:30-10:30 Nutrition Class - CR 10:30-11:00 Group Fit 1 <i>Aaron</i> - GYM</p>	<p style="text-align: right;">13</p> <p>8:30-9:15 Group Fit 2 <i>Aaron</i> - GYM 9:30-11:30 Arts & Crafts Group - CR</p>
<p style="text-align: right;">16</p> <p>8:30-9:15 Group Fit 2 <i>Heather</i> - GYM 9:30-10:30 T'ai Chi Chih <i>Adabelle</i> - CR 10:45-11:45 Chair Yoga <i>Nicole</i> - CR(\$2)</p>	<p style="text-align: right;">17</p> <p>9:00-12:00 Quilting - CR  10:00-12:00 Knitting - CR 10:30-11:00 Group Fit 1 <i>Heather</i> - GYM 11:00 BINGO - GYM 12:00 Lunch - GYM</p>	<p style="text-align: right;">18</p> <p>8:30-9:15 Group Fit 3 <i>Aaron</i> - GYM 9:30-10:30 Stability Ball <i>Heather</i> - CR 10:45-11:45 Floor Yoga <i>Nicole</i> - CR(\$2)</p>	<p style="text-align: right;">19</p> <p>10:30-11:00 Group Fit 1 <i>Aaron</i> - GYM 3:00-4:00 Movin' & Groovin' - CR</p>	<p style="text-align: right;">20</p> <p>8:30-9:15 Group Fit 2 <i>Aaron</i> - GYM 9:30-11:30 Arts & Crafts Group - CR</p>
<p style="text-align: right;">23</p> <p>8:30-9:15 Group Fit 2 <i>Heather</i> - GYM 9:30-10:30 T'ai Chi Chih <i>Adabelle</i> - CR 10:45-11:45 Chair Yoga <i>Nicole</i> - CR(\$2)</p>	<p style="text-align: right;">24</p> <p>8:00-9:00 Diabetes Support Group 8:00-9:00 Breakfast in the Hallway 9:00-12:00 Quilting - CR 10:30-11:00 Group Fit 1 <i>Heather</i> - GYM</p>	<p style="text-align: right;">25</p> <p>8:30-9:15 Group Fit 3 <i>Aaron</i> - GYM 9:30-10:30 Stability Ball <i>Heather</i> - CR 10:45-11:45 Floor Yoga <i>Nicole</i> - CR(\$2)</p>	<p style="text-align: right;">26</p> <p>9:00-10:00 Ask a CPT - FitCenter 10:30-11:00 Group Fit 1 <i>Aaron</i> - GYM 11:15 Birthday Celebration - SL</p>	<p style="text-align: right;">27</p> <p>8:30-9:15 Group Fit 2 <i>Aaron</i> - GYM 9:30-11:30 Arts & Crafts Group - CR</p>
<p style="text-align: right;">30</p> <p>8:30-9:15 Group Fit 2 <i>Heather</i> - GYM 9:30-10:30 T'ai Chi Chih <i>Adabelle</i> - CR 10:45-11:45 Chair Yoga <i>Nicole</i> - CR(\$2)</p>	<p style="text-align: right;">31</p> <p>9:00-3:00 Quilter's Workday - CR 10:30-11:00 Group Fit 1 <i>Heather</i> - GYM</p>	<p style="text-align: right;">1</p> <p>8:30-9:15 Group Fit 3 <i>Aaron</i> - GYM 9:30-10:30 Stability Ball <i>Heather</i> - CR 10:45-11:45 Floor Yoga <i>Nicole</i> - CR(\$2)</p>	<p style="text-align: right;">2</p> <p>10:30-11:00 Group Fit 1 <i>Aaron</i> - GYM</p>	<p style="text-align: right;">3</p> <p>8:30-9:15 Group Fit 2 <i>Aaron</i> - GYM 9:30-11:30 Arts & Crafts Group - CR</p>