



# April Calendar and Class Schedule



Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">30</p> <p>8:30-9:15 Group Fit 2 Heather - GYM            9:30-10:30 T'ai Chi Chih Adabelle - CR            10:45-11:45 Chair Yoga Nicole - CR(\$2)</p>	<p style="text-align: right;">31</p> <p>9:00-3:00 Quilter's Workday - CR            10:30-11:00 Group Fit 1 Heather - GYM</p>	<p style="text-align: right;">1</p> <p>8:30-9:15 Group Fit 3 Aaron - GYM            9:30-10:30 Stability Ball Heather - CR            10:45-11:45 Floor Yoga Nicole - CR(\$2)</p>	<p style="text-align: right;">2</p> <p>10:30-11:00 Group Fit 1 Aaron - GYM</p>	<p style="text-align: right;">3</p> <p style="text-align: center;"><b>Good Friday</b></p> <p style="text-align: center;"><b>Closed</b></p> 
<p style="text-align: right;">6</p> <p>8:30-9:15 Group Fit 2 Heather - GYM            9:30-10:30 T'ai Chi Chih Adabelle - CR            10:45-11:45 Chair Yoga Nicole - CR(\$2)            1:00-2:00 Digital Drop-In - CR</p>	<p style="text-align: right;">7</p> <p>9:00-12:00 Quilting - CR            10:00-12:00 Knitting - CR            10:30-11:00 Group Fit 1 Heather - GYM</p>	<p style="text-align: right;">8</p> <p>8:30-9:15 Group Fit 3 Aaron - GYM            9:30-10:30 Stability Ball Heather - CR            10:45-11:45 Floor Yoga Nicole - CR(\$2)</p>	<p style="text-align: right;">9</p> <p>10:30-11:00 Group Fit 1 Aaron - GYM            4:30-6:00 55+ Night Out in the Boondocks</p>	<p style="text-align: right;">10</p> <p>8:30-9:15 Group Fit 2 Aaron - GYM            9:30-11:30 Arts &amp; Crafts Group - CR</p>
<p style="text-align: right;">13</p> <p>8:30-9:15 Group Fit 2 Heather - GYM            9:30-10:30 T'ai Chi Chih Adabelle - CR            10:45-11:45 Chair Yoga Nicole - CR(\$2)</p>	<p style="text-align: right;">14</p> <p>9:00-12:00 Quilting - CR            10:30-11:00 Group Fit 1 Heather - GYM            11:00 BINGO - GYM            12:00 Lunch - GYM</p>	<p style="text-align: right;">15</p> <p>8:30-9:15 Group Fit 3 Aaron - GYM            9:30-10:30 Stability Ball Heather - CR            10:45-11:45 Floor Yoga Nicole - CR(\$2)</p>	<p style="text-align: right;">16</p> <p>9:00-11:00 Bunny Hop at Conestee            10:30-11:00 Group Fit 1 Aaron - GYM</p>	<p style="text-align: right;">17</p> <p>8:30-9:15 Group Fit 2 Aaron - GYM            9:30-11:30 Arts &amp; Crafts Group - CR</p> <p style="text-align: center;"><i>** No walking laps allowed in gym ** after 9:30a</i></p>
<p style="text-align: right;">20</p> <p>8:30-9:15 Group Fit 2 Heather - GYM            9:30-10:30 T'ai Chi Chih Adabelle - CR            10:45-11:45 Chair Yoga Nicole - CR(\$2)</p>	<p style="text-align: right;">21</p> <p>9:00-12:00 Quilting - CR            10:00-12:00 Knitting - CR            10:30-11:00 Group Fit 1 Heather - GYM            11:15 Birthday Celebration - SL</p>	<p style="text-align: right;">22</p> <p>8:30-9:15 Group Fit 3 Aaron - GYM            9:30-10:30 Stability Ball Heather - CR            10:45-11:45 Floor Yoga <b>Canceled</b>            1:00-2:00 Financial Education - CR</p>	<p style="text-align: right;">23</p> <p>10:30-11:00 Group Fit 1 Aaron - GYM            11:15-12:30 Lunch &amp; Learn - CR</p>	<p style="text-align: right;">24</p> <p>8:30-9:15 Group Fit 2 Aaron - GYM            9:30-11:30 Arts &amp; Crafts Group - CR</p>
<p style="text-align: right;">27</p> <p>8:30-9:15 Group Fit 2 Heather - GYM            9:30-10:30 T'ai Chi Chih Adabelle - CR            10:45-11:45 Chair Yoga <b>Canceled</b></p>	<p style="text-align: right;">28</p> <p>9:00-3:00 Quilter's Workday - CR            10:30-11:00 Group Fit 1 Heather - GYM</p>	<p style="text-align: right;">29</p> <p>8:30-9:15 Group Fit 3 Aaron - GYM            9:30-10:30 Stability Ball Heather - CR            10:45-11:45 Floor Yoga Nicole - CR(\$2)</p>	<p style="text-align: right;">30</p> <p>9:00-10:00 Ask a CPT - FitCenter            10:30-11:00 Group Fit 1 Aaron - GYM            3:00-4:00 Movin' &amp; Groovin' - CR</p>	<p style="text-align: right;">1</p> <p>8:30-9:15 Group Fit 2 Aaron - GYM            9:30-11:30 Arts &amp; Crafts Group - CR</p>